



AHIMSA INDEPENDENCE SERVICES

RESIDENTIAL - EMPLOYMENT - COMMUNITY INCLUSION - TRAINING



Proposal for Supported Community Connections

We're here to help YOU reach your community goals!



Make a Plan!

Ahimsa will create a comprehensive plan tailored to YOUR goals for meaningful community participation. Our approach centers each person's interests, communication style, sensory needs, and strengths while prioritizing safety, choice, independence, and positive experiences in the community.



Get to Work

Ahimsa supports individuals, families, and care providers through hands-on assistance, coaching, and practical, evidence-based strategies. We build predictable routines and flexible supports that help each person participate with confidence across home, day-program, work, and community settings.



Success!

Ahimsa helps clients build greater independence through consistent support, thoughtful planning, and real-world practice. We collaborate with the full care team to turn individual interests into safe, sustainable opportunities for connection, skill-building, and belonging.

At Ahimsa Independence Services, our mission is to empower adults with intellectual and developmental disabilities through individual choice, personal dignity, and meaningful community inclusion. We create supportive environments where each person can build confidence, strengthen relationships, and pursue the activities that matter most to them.

Through person-centered services, we help each individual lead a life of purpose, independence, and fulfillment. We honor every person's voice and choices while providing the structure, compassion, and encouragement needed to participate safely and confidently in community life.

We put meaningful community inclusion within reach!



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Why Ahimsa?

Experienced Leadership: Ahimsa's leadership team is comprised entirely of active Host Home Providers who bring firsthand expertise in supporting complex needs, creating stable placements, and coordinating care across settings.

Behavioral Excellence: We use practical, individualized strategies to prevent escalation, support recovery, and help each person participate in daily life with dignity.

SCC Expertise: Our person-centered approach turns individual interests and goals into safe, meaningful opportunities for connection, skill-building, and community participation.

Communication Focus: We specialize in supporting nonverbal individuals through tailored communication strategies that empower self-expression and informed choice.

Comprehensive Approach: Ahimsa provides HCBS-based services including SE and SCC, with additional behavioral and benefits supports in development. We collaborate with families, providers, day programs, and other stakeholders to create one cohesive plan of care for ER.

Respite Network: Ahimsa offers an extensive respite network to support Host Home Providers and their families, helping prevent burnout and sustain long-term stability.





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Explore Community Inclusion with Ahimsa today!

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